

CROSS-COUNTRY SKI VACATIONS



Nordic Gourmet

WINTER 2000



Bon Appétit

QUEBEC: 6 days/ 5 nights

PRICE: Per person double occupancy
\$1,700.00

MEET: Montreal

DEPART: Montreal

DATES: January 25-30 (Tue-Sun); February 1-6 (Tue-Sun)

SINGLE ROOM CHARGE: \$200.00

SKI RENTAL: \$100.00

TERRAIN: Easy tour. The majority of skiing is along an old railway bed. The grade is gentle and flat in most sections.

QUEBEC

Culinary Adventure

Glide through a landscape of sugar shacks
and frozen lakes.

Day 1 Val-David

Bienvenu! La Sapinière, a wood lodge has been welcoming skiers to Val-David since 1936. Explore the village noted for its artists and craftsmen, or test out your skis and equipment on groomed trails. Rouse your appetite with hors d'oeuvres and a wine tasting from La Sapinière's award-winning cellar. Tonight, gifted chefs use local ingredients and recreate traditional recipes like terrine of caribou and roasted Quebec duck with cedar jelly.

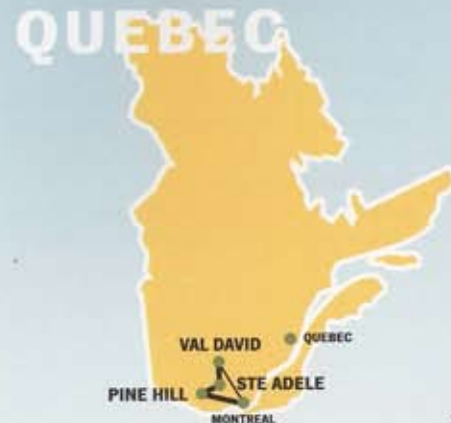
Days 2 – 3 Sainte-Adèle

Learn the basics before skiing along the Petite Train du Nord, a groomed path for x-c skiers. We move through a snowy wilderness where the only sound is the drumming of a woodpecker and the shushing of skis. Arrive at our inn that rests atop Mount Gabriel blessing visitors with panoramic views of the Laurentian hills, some of the oldest mountains on earth. ❄️ Strapping on skis, we glide over snow that sparkles at Far Hills, the granddaddy of Canadian ski areas. The adventurous should try dogsledding – a Canadian pastime; or learn the secret recipe for *Tourtiere* (meat pie) from a local connoisseur. Dinner is a main event at Bistro Champlain in Ste-Marguerite-du-Lac-Masson. Quoted by *Wine Spectator* as having the best wine cellar in Canada, the bistro engages all the senses with mouth-watering cuisine and paintings by contemporary artist, Jean-Paul Riopelle.

Days 4 – 5 Pine Hill

Ski through forests where indigenous tribes hunted moose and settlers trapped muskrat and beaver for pelts. Our groomed route parallels the North River through wild backcountry. Warm the soul with bean soup, French bread, and hot cider in Prévost. Arrive in St-Jérôme and shuttle to Quebec's only 5-star retreat. Soothe the body with massage or step into a hot whirlpool before an evening in our hotel's unforgettable dining room. ❄️ Explore the network of trails that wind through tranquil countryside. Or, enjoy the luxurious amenities our lodging has to offer. Don lightweight snowshoes and follow a winter tracker into the bush to find bear-clawed trees and hibernating animal dens. One final time, we clink glasses in praise of Quebecois hospitality and delectable skiing.

Day 6 Depart for Montreal





Mountain views from your balcony

NORWAY: 8 days / 7 nights

PRICE: Per person double occupancy
\$ 2,600.00

MEET: Oslo

DEPART: Oslo

DATE: March 10-17 (Fri-Fri)

SINGLE ROOM CHARGE: \$325.00

SKI RENTAL: \$150.00

TERRAIN: Moderate tour. With a diversity of trails to choose from, there are routes for all tastes and abilities. Most options follow level and rolling terrain. Challenging options available.

NORWAY

Winter Smorgasbord

Celebrate winter the way Norwegians have for thousands of years... on skis!

Days 1 - 3 Lillehammer

Despite fame during the Olympics, Lillehammer has retained its rural charm. Her coat of arms bears a medieval skier and it's common to see entire families skiing together on weekends. Arrive at the inn, a working farm since 1520. Try out your skis, or shed any worries in the sauna. ❄️ Join your instructors for clinics and head to Lillehammer for a midday treat like lamb & potato stew with crispy, flatbread. Stay in town to stroll Storgata Street and visit the Lillehammer Art Museum, or join the group for an *Aquavit* tasting. ❄️ Today's ski route takes us from Sjusjøen to Nordseter. For centuries, Sjusjøen, was a cluster of dairy farms; now it's considered the best cross-country skiing in Europe. Before dinner, welcome a local historian who shares the intriguing history of Norse skiing. Tonight's menu is sure to raise eyebrows, "Filet of Moose or Reindeer Mignon?"

Days 4 - 5 Hemsedal

Transfer to Hemsedal Valley in the heart of the Scandinavian Alps where legendary trolls and giants roam. Perched at 4,000 feet, our lodge blends wood-style tradition with modern Scandinavian design. Soak in the heavenly views from your cabin, or join a local guide and ski groomed trails that overlook fjords, glaciers and frozen waterfalls. Dinner tonight is in the main lodge where we sample specialties like warm cherry soup and roasted rabbit with prunes. ❄️ This morning, glide from village to village, meeting local skiers on their way to work and school. Visit a carver's studio and see how a gnarled piece of wood becomes a delicate reindeer. Back at the lodge keep an eye out for mischievous trolls who like to play pranks on human visitors.

Days 6 - 7 Geilo

Geilo is located near the Hardangervidda, a moorland of Arctic fauna and home to herds of wild reindeer. We stop en route in Torpo for a guided visit of a 12th century wooden stave church with its brightly painted ceiling. Depart the trailhead at your own pace and let the soothing rhythm of arms swinging in tandem with gliding legs whirl you home. ❄️ *God morgen!* Massive peaks rise up on both sides as we glide along the gentle contours of Hallingdal Valley. Like the nomadic hunters who skied this land 5,000 years ago, we end our journey amid this wildly beautiful landscape having searched and discovered our own savory cuisine and plush accommodations. *Skål* to all and farewell Norway!

Day 8 Depart for Oslo

NORWAY





Skiing the Papageno Trail

AUSTRIA: 7 days / 6 nights

PRICE: Per person double occupancy
\$2,300.00

MEET: Salzburg

DEPART: Innsbruck

DATES FOR 2000: February 20-26; February 27-March 4 (Sun-Sat)

SINGLE ROOM CHARGE: \$300.00

SKI RENTAL: \$150.00

TERRAIN: Easy Tour. Level terrain with some gently rolling trails that lead through pine forests, small villages and open meadows.

AUSTRIA

Physical Rejuvenation

Easy skiing amid majestic beauty

in the Alps

Days 1 – 3 Ramsau am Dachstein

Ramsau, a mecca for x-c skiers boasts 300 kilometers of groomed trails and dramatic views of the Alps. Take a spin on skis, or relax in the steamroom at our family-run chalet. ☼ Waking up to delicious views from your balcony, we gather this morning for a hearty winter breakfast followed by ski clinics. Skiers master necessary skills before exploring the Sunny Loop, a trail that leads us to the village where we stop at an alpine farm for steaming sauerkraut and knockwurst. Later, take a private tour of the 500-year-old loden factory where boiled wool is woven into jackets, vests, and scarves. ☼ Today's route leads through fairy-tale forests of stately tamarack and fragrant pine. After gently descending into an alpine meadow, we arrive at a mountain chalet for lunch. Refuel with pumpkin cream soup or handmade spinach gnocchi. Glide back to the hotel for a massage, or soak in the Turkish bath.

Day 4 Werfen

Journey by cable car to the Papageno trail, a spacious track above the treeline that weaves along a ridge to a cozy tavern for lunch. Sip *glühwein* (spiced mulled wine) and soak in panoramic views of the Eastern Alps. Later, we transfer by coach to Werfen, a pastel-colored village with a 10th century fortress. Tonight we go on a culinary adventure to award-winning Restaurant Obauer, where brothers, Karl & Rudolph create imaginative dishes from traditional ingredients. Sleep peacefully under the watchful gaze of the fortress, and snuggle down under goose comforters at our historic inn.

Days 5 – 6 Seefeld

Ideally situated on a high and sunny plateau, Seefeld is a paradise for x-c aficionados. Explore miles of pristine trails that wind through woods and meadows. Ski to the 15th century church to view the frescoes, or head back to our hotel for a tasting of Austrian wines with a local sommelier. ☼ Continue to explore the natural wonders of Seefeld by foot or ski. Buy picnic supplies for lunch on the trail, or stop at a hut for gulasch soup and lively conversation with skiers from all over Europe. At dusk, when the peaks alight with alpenglow, bundle up and board a horse-drawn sleigh. Tonight at our farewell dinner, toast to friendship and bid *Aufwiedersehen* to the mountains.

Day 7 Depart for Innsbruck

AUSTRIA

